

Natural M E D I C I N E



A form of treatment that utilizes natural remedies to promote healing and overall wellness. It is based on the idea that the body has the innate ability to heal itself, and that by providing it with the right tools and resources, it can function optimally.



Natural medicine includes a variety of practices such as herbalism, homeopathy, flower remedies, and nutrition therapy. It is often used as an alternative or complementary approach to conventional medicine and has gained popularity in recent years as people look for more holistic ways to care for their health.



While natural medicine may not be a cure-all, it can be a valuable tool for those looking to support their body's natural healing processes and achieve optimal wellness.